The Basic Core

# *Português*

Portuguese (Contintental)

Portuguese, July 2018

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name

classroom

basic core start date

basic core finish date

## What is the Basic Core?

The Basic Core contains essential elements of the language you will need to master in order to fulfill your purpose in your mission language. It will help you establish a foundation, focus your study, and evaluate your progress. The Basic Core includes vocabulary, phrases, and scriptures that will help you master the six teaching tasks. Set goals and work diligently to quickly master the these tasks.

## What are the 6 Tasks?

Meet Someone
Offer a Prayer
Testify
Extend an Invitation
Share a Scripture
Give a Simple Overview

## Which Scriptures and Passages?

Your Missionary Purpose

Moroni 10:3-5

Baptismal Invitation

Joseph Smith's First Vision

## How Long Do I Have?

You will have ten days to master the six tasks, additional vocabulary, and the four scriptures and passages.

## How Do I Track My Progress?

Your teacher or companion will check the box to the left of the task or vocabulary when you can correctly answer the question "what is _____ in Portuguese?"

# The 5 Principles of Memorization

1. **Know the Meaning:** Always find out the meaning of what you are learning and write it down if necessary. When you are learning words, don't ignore how prefixes and suffixes affect meaning. Additionally, you should practice repeating the meaning of each word out loud.

2. **Focus on the Form:** All language is made up of two things: the meaning and the words which carry that meaning. Form includes how it sounds, how it's pronounced, and how it's written. Form also includes noticing patterns in grammar and word order in phrases. Find out how to say each word and practice until you can pronounce it correctly.

3. **Practice Aloud:** We learn and remember language better when we practice it physically, building muscle memory. Practice your words, phrases, or grammar out loud, repeatedly. Say it again and again until it becomes automatic and you can do it without looking.

4. **Apply it:** Applying it well means using what you are learning in real situations. If it's part of a lesson, practice teaching it to your companion. Finally, think about the meaning of what you say and express it with feeling.

5. **Plan Spaced Reviews:** Step 5 moves language to your long-term memory where it will remain for good. Early reviews should be done aloud and may require you to use notes or materials to look up certain parts. They are completed when you can fluently produce the vocabulary or grammar without looking at notes. Later reviews can be less frequent and can be done without notes while doing other physical tasks like walking or standing.

# Scriptures and Passages

- ☐ Your Missionary Purpose

  *Preach My Gospel*, 1

- ☐ The Baptismal Invitation

  *Preach My Gospel*, 40

- ☐ Joseph Smith's First Vision

  *Preach My Gospel*, 37

- ☐ Moroni 10:3-5

# Alphabet and Pronunciation

## Portuguese Alphabet and Digraphs

| | Letter | English Sound |
|---|---|---|
| ☐ | a | father, omega |
| ☐ | b | somebody |
| ☐ | c | skill, sit (before "i" and "e") |
| ☐ | ç | sap |
| ☐ | d | doctor |
| ☐ | e | let, late, me |
| ☐ | f | fin |
| ☐ | g | go, measure (before "i" and "e") |
| ☐ | h | (silent) |
| ☐ | i | me |
| ☐ | j | measure |
| ☐ | k* | skill |
| ☐ | l | lead |
| ☐ | m** | meet |
| ☐ | n** | next |
| ☐ | o | no, spoon |
| ☐ | p | spin |
| ☐ | q | skill, queen |
| ☐ | r | body |
| ☐ | s | sit, fish, zebra |
| ☐ | t | take |
| ☐ | u | boot |
| ☐ | v | Virginia |
| ☐ | w* | waffle |
| ☐ | x | zebra, shoe, fix, slipper |
| ☐ | y* | yoke |
| ☐ | z | zoo, fish |

*k, w, and y are rarely used in Portugese.

**A vowel followed by an m or n, receives an accent mark and the sound becomes nasal (no English equivalent).

## Common Vowel Combinations

| | Vowel | English Sound |
|---|---|---|
| ☐ | ai | eye |
| ☐ | au | down |
| ☐ | ou | flow |
| ☐ | ei | day |
| ☐ | eu | let + boot |
| ☐ | ia | Korea |
| ☐ | io | me + no |
| ☐ | iu | me + boot |
| ☐ | oa | Noah |
| ☐ | ea | let + father |
| ☐ | o (end of word) | oooh |

## Additional Sounds

| | | |
|---|---|---|
| ☐ | ch | fish |
| ☐ | gu | Gwyneth (before "a" and "o") |
| ☐ | lh | bell+you* |
| ☐ | nh | lasagna |
| ☐ | r (beginning of word) | house |
| ☐ | rr | house |
| ☐ | s | fish (at the end of words or when the "s" is before a consonant) |
| ☐ | z | leisure (at the end of a word) |

*Formed by placing the front of your tongue at the roof of your mouth and making an "l" sound at the back of your throat.

# Meet Someone

## Phrases

| | | |
|---|---|---|
| ☐ | How are you doing? | Como você está? |
| ☐ | I am Elder ____. | Eu sou Élder ... |
| ☐ | I am from _____. | Eu sou de ... |
| ☐ | I am Sister ____. | Eu sou Síster... |
| ☐ | My name is ____. | O meu nome é ... |
| ☐ | Pleased to meet you. | Prazer em conhecê-lo(a). |
| ☐ | What is your name? | Qual é o seu nome? |
| ☐ | Where are you from? | De onde você é? |
| ☐ | Hello | Olá. |
| ☐ | Goodbye | Tchau. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | brother | o irmão |
| ☐ | city | a cidade |
| ☐ | companion | o/a colega |
| ☐ | country | o país |
| ☐ | countryside | o campo |
| ☐ | daughter | a filha |
| ☐ | elder | Élder |
| ☐ | family | a família |
| ☐ | father | o pai |
| ☐ | good | bom/boa |
| ☐ | good afternoon | boa tarde |
| ☐ | good night | boa noite |
| ☐ | good morning | bom dia |
| ☐ | he | ele |
| ☐ | his/her | seu(s)/sua(s) |
| ☐ | his/hers | seu(s)/sua(s) |
| ☐ | how | como |
| ☐ | husband | o marido |
| ☐ | I | eu |
| ☐ | it | ele/ela |
| ☐ | its | seu(s)/sua(s) |
| ☐ | Lord | o Senhor |
| ☐ | married | casado(a) |

| | | |
|---|---|---|
| ☐ | missionary | o/a missionário(a) |
| ☐ | my | meu |
| ☐ | name | nome |
| ☐ | nice | simpático(a) |
| ☐ | of, from | de |
| ☐ | pleasure | o prazer |
| ☐ | representative | o/a representante |
| ☐ | servant | o/a servo(a) |
| ☐ | she | ela |
| ☐ | sister | irmã |
| ☐ | Sister | Síster |
| ☐ | The Church of Jesus Christ of Latter-day Saints | A Igreja de Jesus Cristo dos Santos dos Últimos Dias |
| ☐ | their | seu(s)/sua(s) |
| ☐ | they | eles/elas |
| ☐ | to be | estar (state) / ser (characteristic) |
| ☐ | to come | vir |
| ☐ | to get to know | conhecer |
| ☐ | to go | ir |
| ☐ | to grow up | crescer |
| ☐ | to have | ter |
| ☐ | to know | saber |
| ☐ | to know | conhecer |
| ☐ | to live | viver |
| ☐ | to meet | conhecer |
| ☐ | to please | agradar |
| ☐ | to represent | representar |
| ☐ | town | o município |
| ☐ | we | nós |
| ☐ | where | onde |
| ☐ | which, what | qual |
| ☐ | wife | a esposa |
| ☐ | you | tu (familiar) / você (formal) |
| ☐ | you (plural) | vocês |
| ☐ | your | teu/tua (familiar)<br>seu/sua (formal, plural) |

# Offer a Prayer

## Phrases

| | | |
|---|---|---|
| ☐ | Dear Heavenly Father, | Querido Pai Celestial, |
| ☐ | Please help us to learn . . . | Por favor, ajuda-nos a aprender ... |
| ☐ | We thank thee for Thy love. | Agradecemos-Te por Teu amor. |
| ☐ | We ask Thee to bless us with Thy Spirit | Pedimos-Te que nos abençoes com o Teu espírito. |
| ☐ | Please bless my companion. | Por favor, abençoa meu companheiro. |
| ☐ | God always listens to our prayers. | Deus sempre escuta às nossas orações. |
| ☐ | In the name of Jesus Christ, amen. | Em nome de Jesus Cristo. Amém. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | always | sempre |
| ☐ | amen | amém |
| ☐ | answer | a resposta |
| ☐ | blessing | a bênção |
| ☐ | charity | a caridade |
| ☐ | comfort | o conforto |
| ☐ | dear | querido(a) |
| ☐ | for | para / por |
| ☐ | gift of tongues | o dom de línguas |
| ☐ | grateful | grato(a) |
| ☐ | gratitude | gratidão |
| ☐ | guidance | a orientação |
| ☐ | Heavenly Father | Pai Celestial |
| ☐ | help | a ajuda |
| ☐ | house | a casa |
| ☐ | inspiration | inspiração |
| ☐ | Jesus Christ | Jesus Cristo |
| ☐ | opportunity | a oportunidade |
| ☐ | our | nosso(a) |
| ☐ | patience | a paciência |
| ☐ | prayer | a oração |

| | |
|---|---|
| ☐ prophet | o profeta |
| ☐ safety | a segurança |
| ☐ strength | a força |
| ☐ thankful | grato(a) |
| ☐ thanks | obrigado(a) |
| ☐ the Holy Ghost | o Espírito Santo |
| ☐ to address | dirigir-se |
| ☐ to ask | perguntar |
| ☐ to bless | abençoar |
| ☐ to close | encerrar |
| ☐ to communicate | comunicar |
| ☐ to confirm | confirmar |
| ☐ to express | expressar |
| ☐ to feel | sentir |
| ☐ to find out | descobrir |
| ☐ to forgive | perdoar |
| ☐ to give | dar |
| ☐ to hear | ouvir |
| ☐ to help | ajudar |
| ☐ to invite | convidar |
| ☐ to kneel | ajoelhar-se |
| ☐ to learn | aprender |
| ☐ to listen | escutar |
| ☐ to offer | oferecer |
| ☐ to pray | orar |
| ☐ to receive | receber |
| ☐ to thank | agradecer |
| ☐ to want | querer |
| ☐ today | hoje |
| ☐ tomorrow | amanhã |
| ☐ truth | a verdade |
| ☐ when | quando |
| ☐ with | com |

# Testify

## Phrases

| | | |
|---|---|---|
| ☐ | God is our Heavenly Father. | Deus é nosso Pai Celestial. |
| ☐ | We are His children. | Nós somos Seus filhos. |
| ☐ | Jesus Christ is the Son of God. | Jesus Cristo é o Filho de Deus. |
| ☐ | Through His Atonement, we can receive eternal life. | Por meio da Sua Expiação, podemos receber a vida eterna. |
| ☐ | We can return to God by keeping ourselves clean. | Nós podemos voltar a viver com Deus ao nos mantermos limpos. |
| ☐ | I know that . . . | Eu sei que ... |
| ☐ | I am thankful for the love of our Heavenly Father. | Sou grato(a) pelo amor de nosso Pai Celestial. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | atonement | Expiação |
| ☐ | because | porque |
| ☐ | blessed | abençoado/a |
| ☐ | children | as crianças/os filhos |
| ☐ | church | a igreja |
| ☐ | clean | limpo/a |
| ☐ | closer | mais perto |
| ☐ | commandment | o mandamento |
| ☐ | effect | o efeito |
| ☐ | feeling | o sentimento |
| ☐ | forgiveness | o perdão |
| ☐ | God | Deus |
| ☐ | gospel | o evangelho |
| ☐ | heart | o coração |
| ☐ | Holy Ghost | o Espírito Santo |
| ☐ | hope | a esperança |
| ☐ | if | se |
| ☐ | Joseph Smith | Joseph Smith |
| ☐ | joy | a alegria |

| | | |
|---|---|---|
| ☐ | lives | as vidas |
| ☐ | living | vivo(a) |
| ☐ | love | o amor |
| ☐ | loving | amoroso(a) |
| ☐ | mind | a mente |
| ☐ | must | dever |
| ☐ | a paz | paz |
| ☐ | o sacerdócio | sacerdócio |
| ☐ | sagrado(a) | sagrado |
| ☐ | Savior | Salvador |
| ☐ | Spirit | espírito |
| ☐ | testimony | testemunho |
| ☐ | that (fem) | essa(s) |
| ☐ | that (mas) | esse(s) |
| ☐ | that (neu) | isso |
| ☐ | The Book of Mormon | O Livro de Mórmon |
| ☐ | this (fem) | esta(s) |
| ☐ | this (mas) | este(s) |
| ☐ | this (neu) | isto |
| ☐ | to answer | responder |
| ☐ | to appear | aparecer |
| ☐ | to be able to | poder |
| ☐ | to believe | acreditar |
| ☐ | to change | mudar (characteristic)<br>trocar (to replace) |
| ☐ | to desire | desejar |
| ☐ | to exist | existir |
| ☐ | to follow | seguir |
| ☐ | to keep | guardar |
| ☐ | to love | amar |
| ☐ | to sacrifice | sacrificar |
| ☐ | to testify | testificar |
| ☐ | to witness | testemunhar |
| ☐ | true | verdadeiro(a) |

# Extend an Invitation

## Phrases

| | | |
|---|---|---|
| ☐ | Will you be baptized? | Você vai ser batizado(a)? |
| ☐ | How can we help you to prepare for baptism? | Como podemos ajudá-lo(a) a preparar-se para o batismo? |
| ☐ | In order to be baptized, you need to attend church regularly. | Para ser batizado, você precisa frequentar a igreja regularmente. |
| ☐ | I know that God will bless you for your faith to repent. | Eu sei que Deus vai abençoá-lo(a) pela fé que tem para arrepender-se. |
| ☐ | Will you pray to God about the truthfulness of the Book of Mormon? | Você vai orar a Deus sobre a veracidade do Livro de Mórmon? |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | baptism | o batismo |
| ☐ | commitment | o compromisso |
| ☐ | congratulations | parabéns |
| ☐ | covenant | o convênio |
| ☐ | daily | diariamente |
| ☐ | difficult | difícil |
| ☐ | doubt | a dúvida |
| ☐ | evening | a noite |
| ☐ | example | exemplo |
| ☐ | happiness | a felicidade |
| ☐ | message | a mensagem (gospel)/o recado (note) |
| ☐ | problem | o problema |
| ☐ | question | a pergunta |
| ☐ | Sabbath day | o Dia do Senhor |
| ☐ | sad | triste |
| ☐ | suggestion | a sugestão |
| ☐ | the Word of Wisdom | a Palavra de Sabedoria |
| ☐ | to attend | frequentar |
| ☐ | to baptize | batizar |
| ☐ | to begin | começar |

| | | |
|---|---|---|
| ☐ | to call | chamar |
| ☐ | to come by | passar |
| ☐ | to commit | comprometer-se |
| ☐ | to continue | continuar |
| ☐ | to discuss | discutir |
| ☐ | to experience | experimentar |
| ☐ | to extend | estender |
| ☐ | to hope | esperar |
| ☐ | to make sure | verificar |
| ☐ | to obey | obedecer |
| ☐ | to overcome | vencer |
| ☐ | to prepare | preparar-se |
| ☐ | to promise | prometer |
| ☐ | to recommit | comprometer-se novamente |
| ☐ | to repent | arrepender-se |
| ☐ | to return | voltar |
| ☐ | to start | começar |
| ☐ | to stop | parar |
| ☐ | to strengthen | fortalecer |
| ☐ | to trust | confiar |
| ☐ | to try | tentar |

# Share a Scripture

## Phrases

| | | |
|---|---|---|
| ☐ | May we read a scripture in the Book of Mormon together? | Podemos ler uma escritura no Livro de Mórmon juntos? |
| ☐ | Let's read a scripture about faith. | Vamos ler uma escritura sobre a fé. |
| ☐ | Please, read these verses out loud. | Por favor, leia estes versículos em voz alta. |
| ☐ | It's on page ____. | Está na página ... |
| ☐ | According to this verse, why is baptism important? | De acordo com este versículo, por que o batismo é importante? |
| ☐ | How do you feel about _____ ? | Como você se sente sobre...? |
| ☐ | Diligently studying the scriptures helps us to understand truth. | Estudar as escrituras diligentemente ajuda-nos a compreender a verdade. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | about | sobre |
| ☐ | aloud | em voz alta |
| ☐ | Bible | a Bíblia |
| ☐ | chapter | o capítulo |
| ☐ | Doctrine and Covenants | Doutrina e Convênios |
| ☐ | during | durante |
| ☐ | experience | a experiência |
| ☐ | important | importante |
| ☐ | New Testament | O Novo Testamento |
| ☐ | number | o número |
| ☐ | Old Testament | O Velho Testamento |
| ☐ | on | ligado(a) |
| ☐ | page | a página |
| ☐ | Pearl of Great Price | A Pérola de Grande Valor |
| ☐ | people | as pessoas (humans) / o povo (nation) |
| ☐ | please | por favor |
| ☐ | principle | o princípio |
| ☐ | promise | a promessa |
| ☐ | scripture | a escritura |

| | |
|---|---|
| ☐ section | a seção |
| ☐ there is | há |
| ☐ thought | o pensamento |
| ☐ to apply | aplicar |
| ☐ to become | tornar-se |
| ☐ to explain | explicar |
| ☐ to find | encontrar |
| ☐ to like | gostar de |
| ☐ to look for | procurar |
| ☐ to mean | significar |
| ☐ to notice | perceber |
| ☐ to read | ler |
| ☐ to share | compartilhar |
| ☐ to show | mostrar |
| ☐ to study | estudar |
| ☐ to teach | ensinar |
| ☐ to think | pensar |
| ☐ verse | o versículo |
| ☐ while | enquanto |
| ☐ one | um (m)/uma (f) |
| ☐ two | dois (m)/duas (f) |
| ☐ three | três |
| ☐ four | quatro |
| ☐ five | cinco |
| ☐ six | seis |
| ☐ seven | sete |
| ☐ eight | oito |
| ☐ nine | nove |
| ☐ ten | dez |

# Give a Simple Overview

## Phrases

| | | |
|---|---|---|
| ☐ | Do you believe in God and Jesus Christ? | Você acredita em Deus e Jesus Cristo? |
| ☐ | What has lead you to believe that? | O que levou você a acreditar nisso? |
| ☐ | Through Jesus Christ, we can overcome sin. | Através de Jesus Cristo, podemos vencer o pecado. |
| ☐ | We are missionaries of The Church of Jesus Christ of Latter-day Saints. | Somos missionários de A Igreja de Jesus Cristo dos Santos dos Últimos Dias. |
| ☐ | The Book of Mormon testifies of Jesus Christ. | O Livro de Mórmon testifica de Jesus Cristo. |
| ☐ | Would you like to learn more about the Book of Mormon? | Você gostaria de aprender mais sobre o Livro de Mórmon? |
| ☐ | We have a message about Jesus Christ. | Temos uma mensagem sobre Jesus Cristo. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | faith | a fé |
| ☐ | first | primeiro(a) |
| ☐ | in | dentro |
| ☐ | knowledge | o conhecimento |
| ☐ | life | a vida |
| ☐ | more | mais |
| ☐ | no | não |
| ☐ | obedience | a obediência |
| ☐ | or | ou |
| ☐ | plan | o plano |
| ☐ | repentance | o arrependimento |
| ☐ | restored | restaurado(a) |
| ☐ | salvation | a salvação |
| ☐ | thing | a coisa |
| ☐ | time | o tempo |
| ☐ | to come back | voltar |
| ☐ | to enjoy | desfrutar |
| ☐ | to restore | restaurar |
| ☐ | to take | tomar |
| ☐ | to talk | falar |

| | |
|---|---|
| ☐ well | bem |
| ☐ what | o que |

# Helpful Phrases

## Phrases

| | |
|---|---|
| ☐ Bless you. | Saúde. |
| ☐ Did I understand you correctly? | Será que eu entendi bem? |
| ☐ Did you understand? | Você entendeu? |
| ☐ Excuse me. | Com licença. |
| ☐ Good job! | Bom trabalho! |
| ☐ Help me, please. | Por favor, me ajude. |
| ☐ How do you say ____? | Como se diz ____? |
| ☐ I don't understand. | Eu não entendo. |
| ☐ I have a question. | Eu tenho uma pergunta. |
| ☐ I'm not sure that I understand you. | Eu não tenho certeza de que eu entendo você. |
| ☐ I'm sorry. | Desculpe. |
| ☐ It's ____ o'clock. | São ____ horas. |
| ☐ It's okay. | Está bem. |
| ☐ May I speak in English? | Posso falar em Inglês? |
| ☐ No problem. | Sem problema. |
| ☐ Please say it again. | Fale de novo, por favor. |
| ☐ Repeat that please. | Repita por favor. |
| ☐ Say it slower, please. | Fale mais devagar, por favor. |
| ☐ Thank you. | Obrigado(a). |
| ☐ What does ____ mean? | Que significa ____? |
| ☐ What is this called in Portuguese? | Como se chama isto em Português? |
| ☐ What is this called? | Como se chama isto? |
| ☐ What is your question? | Qual é a sua pergunta? |
| ☐ What time is it? | Que horas são? |
| ☐ Where are we going? | Para onde vamos? |
| ☐ Would you repeat that please? | Você poderia repetir isso, por favor? |
| ☐ You're welcome. | De nada. |

## Vocabulary Words

| | | |
|---|---|---|
| ☐ | bathroom | o banheiro |
| ☐ | book | o livro |
| ☐ | cafeteria | a cafeteria |
| ☐ | camera | a câmera |
| ☐ | cell phone | o celular |
| ☐ | chair | a cadeira |
| ☐ | classroom | a sala de aula |
| ☐ | clock | o relógio |
| ☐ | companionship study | o estudo de companheirismo |
| ☐ | computer | o computador |
| ☐ | devotional | o devocional |
| ☐ | dictionary | o dicionário |
| ☐ | district | o distrito |
| ☐ | English | o Inglês |
| ☐ | notebook | o caderno |
| ☐ | paper | o papel |
| ☐ | pen | a caneta |
| ☐ | pencil | o lápis |
| ☐ | personal study | o estudo pessoal |
| ☐ | slow | devagar |
| ☐ | teacher | o/a professor(a) |
| ☐ | telephone | o telefone |
| ☐ | there | aí, ali, lá |
| ☐ | to repeat | repitir |
| ☐ | to review | revisar |
| ☐ | to say | dizer |
| ☐ | to understand | entender |

# Notes

# Notes

THE CHURCH OF

JESUS CHRIST

OF LATTER-DAY SAINTS

1 41528 20059 3